English

Nagoya Living Guide

名古屋生活ガイド



This guidebook provides helpful information for daily life to foreign residents living in Nagoya for the first time.
Please keep this guide handy and refer to it whenever you need help.
You can also view the Nagoya Living Guide online.

Information and Consultations in Foreign Languages

Please feel free to contact us if you have a problem or a question about living in Japan.

TEL 052-581-0100
Nagoya International Center (NIC)
https://www.nic-nagoya.or.jp
See p.3
closed :Mon

	Tue	Wed	Thu	Fri	Sat	Sun
E English	9:00 - 19:00					
P Portuguese	10:00 - 12:00 13:00 - 17:00					
S Spanish						
C Chinese	13:00 - 17:00				10:00 - 12:00 13:00 - 17:00	
K Korean			13:00 - 17:00		13:00 - 17:00	
F Filipino						
V Vietnamese		13:00 - 17:00				
N Nepali						
I Indonesian		13:00 - 17:00 (※)				13:00 - 17:00 (※)
T Thai						

※Indonesian is available every 1st and 3rd Wednesday and Sunday, and Thai is available every 2nd and 4th Wednesday and Sunday

Japanese Language Classrooms in Nagoya

Find a Japanese language class where you can enjoy studying with local people.

nagoniho Search



Emergency Contacts

TEL 110 (free)
Crimes, traffic accidents, etc.





TEL 119 (free)
Fires, emergencies (sudden illness or injury), etc.





Information on Hospitals Offering Services in Foreign Languages

TEL 050-5810-5884 Aichi Emergency Treatment Information Center

English E Português P Español S 中文 C 한국/조선어 K

We offer automatic voice and fax services for medical information.

Aichi Medical information System Search

See p.6, 23 E C K P



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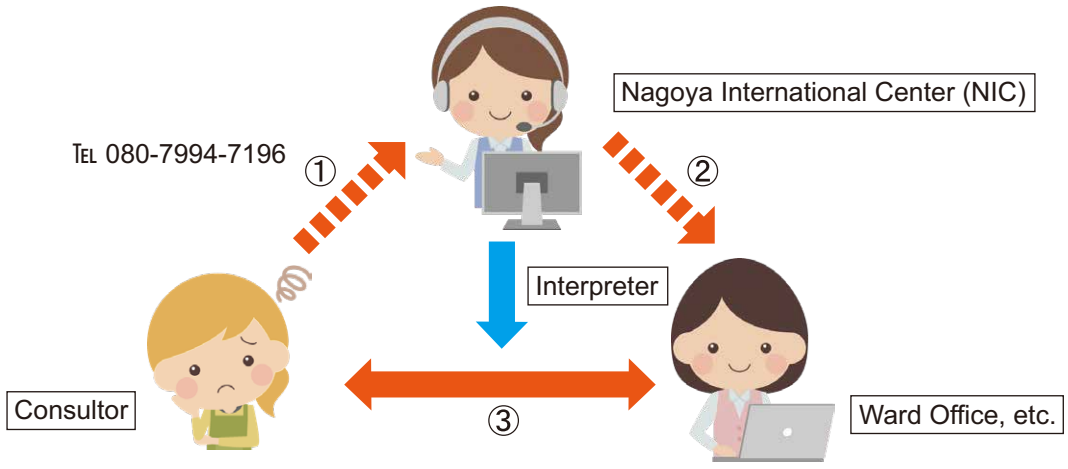
p. 16 Transportation

p. 18 Earthquakes, Typhoons, and Floods

p. 21 Contacting Ward Offices, etc.

☐ For contact numbers where the language of service is not specified, service is available in Japanese only.

☐ If you need an interpreter when consulting government offices (such as ward offices or health centers), schools, or nursery schools, you can use the Nagoya International Center's "Trio-Phone" (three-way calling) service.

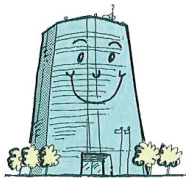


☐ Days on which inquiries cannot be made are marked closed .

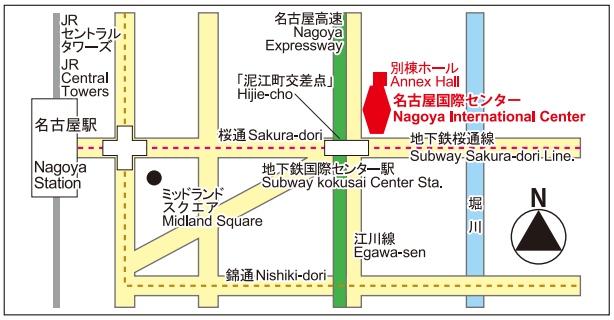
☐ A pamphlet is available on the website of the Nagoya International Center.

Nagoya International Center(NIC)

名古屋国際センター(NIC)



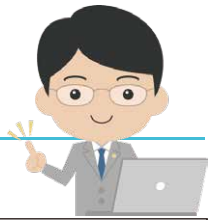
NIC offers information services for foreign residents, opportunities for exchange and interaction with Japanese residents, and Japanese language classes.
Feel free to contact NIC if you have an inquiry or problem. (See front cover)



47-1, Nagono 1-chome, Nakamura-ku, 450-0001
Kokusai Center Sta., Subway Sakura-dori Line

Open:9:00-19:00
052-581-0100
https://www.nic-nagoya.or.jp
NIC NAGOYA Search

closed : Mondays, Dec. 29-Jan. 3,
the second Sunday
in February and August



Consultations

Consultations are free. Appointments required except for Civic Advisory Service.
Tel 052-581-0100 LINE @513gyfyb

	Languages	Consultation hours
Civic Advisory Service	E P S C K F V N I T	Tue. to Sun. 10:00 - 12:00, 13:00 - 17:00 Day and time depends on language
Gyoseishoshi Consultations (Consultation with a Certified Administrative Procedures Legal Specialist)	E P S C K F V N I T	Wed. and Sun. 13:00 - 17:00 Day and time depends on language
Legal Consultation *Please make a reservation via the website.	E P S C	Sat. 10:00 - 12:30
Personal Counselling	E P S C	Date fixed with appointment
Educational Counseling Services	E P S C K F V N I T	Wed., Fri. and Sun. 10:00 - 17:00 Day and time depends on language
Consultations with Nagoya Regional Immigration Services Bureau	E P S C K F V N	Every 4th Sat. 13:00 - 17:00

NIC also offers consultations, such as “School Guidance Seminar for Children and Parents of Foreign Nationals.” For details, see the NIC website.

Housing
住まい



Privately-owned Housing

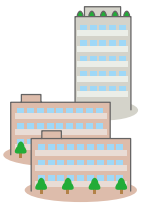


Information	-The most general method of searching for housing is through a real estate agent. -Your workplace or university may also provide information. -Private housing consultations are available at the Sumai no Madoguchi Service Center (reservations: 052-961-4555).
Guarantor	-You may be asked to secure a joint guarantor, emergency contact person, etc.
Payment	-Most housing contracts include payment of *reikin* (key money), and *shikikin* (a security deposit), agent charge and residence insurance fee. -There is usually a service fee (for common-area heating, lighting and cleaning) in addition to monthly rent.

Public Housing



Contact	Contents
Sumai no Madoguchi Service Center ◆Municipal Housing/Municipal Public Housing TEL052-228-1808 ◆Prefectural Housing/ Prefectural Public Housing TEL052-950-5231 Place: Inside the Bus Terminal, Oasis21	Hours: 10:00 – 19:00 closed : Every Thu., the second and fourth Wed. of every month, and Dec. 29 – Jan. 3. Municipal housing and prefectural housing are available. Conditions, including income and household situation, apply for all housing. Application forms for municipal housing (general applications) are distributed at ward and branch offices. (4 times per year: May, August, November, February)



Water

Nagoya City Water | Search



Nagoya City Waterworks & Sewerage Bureau, Customer Service Center TEL 052-884-5959	Hours: (Weekdays) 8:00-19:00 (Weekends, Holidays & Dec. 29-Jan. 3) 8:00-17:15

Electricity / Gas

You can apply to either electricity or gas companies to use electricity or gas.



Chubu Electric Power Miraiz

Chubu Electric Power Miraiz | Search E

Contract Center TEL 0120-921-691	Hours: 9:00-19:00 (Mon. to Fri.) 9:00-17:00 (Sat., Sun., nat. holidays)

Toho Gas

Toho Gas-Moving Residence Search



Toho Gas Customer Service Center TEL 0120-015455	Hours: 24 hours a day, 365 days a year

*If calling using an IP telephone or from overseas, please call 052-807-1550.

Telephone Services

NTT West Search E

NTT West Information TEL 0120-064337 E P C K	Service hours: 9:00-17:00 closed : Sat., Sun., nat. holidays, Dec. 29-Jan. 3



Mail

Japan Post Search E



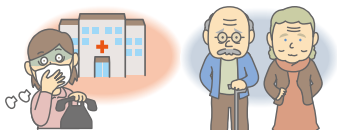
Japan Post Customer Service E TEL 0570-046-111	Hours: 8:00-21:00 (every day) If you submit a change of residence form to a post office when moving, mail addressed to your previous residence will be forwarded to your new address free of charge for one year from the day you submit the reguest.

Chonai-kai / *Jichi-kai* (Neighborhood Association)

Ward Office	How about joining your Chonai-kai or Jichi-kai(neighborhood association) for interaction with your neighbors and to help each other in the event of a disaster? To become a member of your neighborhood association, consult your community's Chonai-kai or Jichi-kai president (kaicho). If you do not know who your neighborhood kaicho is, please ask the Community Cooperation Promotion Division at your ward office.

Hosptal, Insurance, and Pensions

びょういん　ほけん　ねんきん
病院・保険・年金



Information about medical institutions (for Holiday Emergency Clinics, etc, see p.23)

Contact	Content
Aichi Emergency Treatment Information Center Automatic voice for medical information E P S C K TEL 050-5810-5884 Japanese TEL 052-263-1133	24-hour service Aichi Medical information System Search E C K P 

Information about medical institutions with foreign language-speaking doctors

Contact	Content
Nagoya International Center E P S C K F V N I T TEL 052-581-0100	Hours:9:00-19:00 (depending on language) closed :Mondays, Dec. 29-Jan. 3, the second Sunday in February and August

Information about Medical Institutions with Medical Interpretation System

Contact	Content
Aichi Medical Interpretation System Operation Office TEL 050-3816-7465 	Hours: 9:00-17:30 (weekdays) Aichi Medical Interpretation System Search *The supported languages vary by service. E P S V C F K I T +3 other languages

National Health Insurance

Contact	Content
Ward offices or branch offices 	For persons under the age of 75 who are not covered by health insurance at work and expect to stay in Japan for more than 3 months: -Insurance fees are charged according to your employment income and must be paid. -Present your Health Insurance Eligibility Certificate, etc. at a hospital to receive treatment and bear only a portion of the total cost.

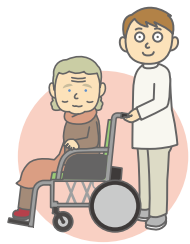
National Pension

Contact	Content
Ward offices or branch offices	For self-employed individuals and students over the age of 20 and under the age of 60: -All must pay the same insurance fee regardless of income. -If you are in a position where paying a premium is difficult or are a student, you can apply for the pension premium exemption system. For details, see the pamphlet : “Japanese National Pension System” E P S C K F V N *Other Indonesian, Thai, Burmese, Cambodian, Russian, Mongolian

E:English, P:Portuguese, S:Spanish, C:Chinese, K:Korean, F:Filipino, V:Vietnamese, N:Nepali, I: Indonesian, T: Thai

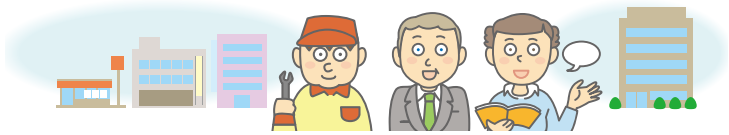
Contact	Content
Japan Pension Service or Pension Office TEL 0570-05-1165	If you have paid at least six months worth of National Pension premiums, you are eligible to receive a lump-sum withdrawal payment after making a request within two years of leaving Japan. For details, see the pamphlet : “Japanese National Pension System” E P S C K F V N *Other Indonesian, Thai, Burmese, Cambodian, Russian, Mongolian

Nursing Care Insurance

Contact	Content
Ward offices or branch offices 	For persons aged 40 and over staying in Japan for more than 3 months: -Nursing Care Insurance fees are calculated according to income and must be paid. (Payment is received together with medical insurance from persons aged 40 to 64.) -Persons aged 65 and over are eligible to use nursing care and support services if needed. (Persons aged 40 to 64 with any of 16 types of age-related illness are eligible to use nursing care and support services if needed.) -Certification of Needed Long-Term Care is required before nursing care services can be used. -Users bear 10%, 20% or 30% of the costs incurred.



Jobs
しごと
仕事



Employment Consultations and Information

Contact	Content
Employment Service Center for Foreigners E C P V + other languages TEL 052-855-3770	Hours: 9:15-12:00, 13:00-17:15 (weekdays) *For the other languages, please check the website. *Interpretation is unavailable on some days. Please call in advance to check. Nagoya Employment Foreigner Search E C P V + other

Labour Issues

Contact	Content
Aichi Labour Bureau, Labour Consultation for Foreign Wokers E P TEL 052-972-0253	Hours: E :9:30-12:00,13:00-16:00, Tue. & Thu. P :9:30-12:00,13:00-16:00, Tue. to Fri. Aichi Labour Bureau Search E
Nagoya Nishi Labour Standards Inspection Office, Labour Consultation for Foreign Workers V TEL 052-481-9533	Hours: V :9:30-12:00,13:00-16:00, Thu.

If you need an interpreter, please use NIC's Trio-Phone (3-way multilingual conference call) service (TEL 080-7994-7196).

Separation and Collection of Recyclables and Garbage
資源(しげん)・ごみの分(わ)け方(かた)・出(だ)し方(かた)



- Separate recyclables and garbage into the appropriate category, and place in the appropriate designated bag before disposal.
- Put out recyclables and garbage by 8:00 (7:00 in Naka Ward) on the morning of the collection day.
- Collection also takes place on national holidays (except for the end-of-year / New Year period).
- Designated bags are sold at supermarkets, convenience stores, etc.
- A "Guide to Sorting Recyclables and Garbage in Nagoya" (E) (P) (S) (C) (K) (F) (V) (N) Urdu are available at environmental affairs offices at ward offices.

*For details, see the official City of Nagoya website and separation app. ➡

さんあ～る(3R)
for iPhone for Android

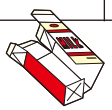
Place	Sorting Category	Main Items	Collection Days	Designated Garbage Bag
In principle, in front of your home	Burnable Garbage	-Kitchen garbage -Leather -Grass, twigs -Disposal diapers -Rubber -Textile products -Tissues -Plastic products (that also include metal) *Items with any dimension over 30cm are Large-Sized Garbage	Twice a week	
	Hazardous Flammable Items	-Spray cans *Piercing not required -Disposable lighters -Solid fuel (in a can) -Heated tobacco products, e-cigarettes		★
	Non-Burnable Garbage	-Glass and ceramic waste -Umbrellas -Small metal products *Items with any dimension over 30cm are Large-Sized Garbage	Once a month	
	Large-Sized Garbage (fee required) ◆ Application required (Up to seven days before collection day)	Items with any dimension over 30cm Telephone applications (Large-Sized Garbage Collection Center) TEL 0120-758-530 From mobile phones/outside Aichi TEL 052-950-2581		Online application from here
	Batteries	-Dry cell batteries -Lithium batteries -Button cell batteries -Compact rechargeable batteries (includes mobile batteries)	Once a week	*Place in a transparent bag, not a city-designated bag.
	Plastic Recyclables	**[Plastic Containers and Packaging]** -Bottles (excluding PET bottles) -Cups -Packaging -Plastic bags -Plastic wraps -Cushioning, etc. **[Plastic Products (Limited to items containing plastic only)]** -Toothbrushes -Buckets -Clothes hangers -Plastic food containers -Wash basins, etc. *Items with any dimension over 30cm are Large-Sized Garbage.		★

(E):English, (P):Portuguese, (S):Spanish, (C):Chinese, (K):Korean, (F):Filipino, (V):Vietnamese, (N):Nepali, (I): Indonesian, (T): Thai

<table>
<tr><th>Sorting Category</th><th>Main Items</th><th>Collection Days</th><th>Designated Garbage Bag</th></tr>
<tr><td>Plastic Bottles
PET</td><td>PET bottles for drinks, sake, mirin (sweet cooking sake), soy sauce, condiments, vinegar, etc.
(These are also collected at supermarkets, ward offices, etc.)
*Remove lid and label before disposal
*Place in a designated bag for recyclables and leave at your local recyclables collection point.
</td><td rowspan="4">Once a week</td><td>
★</td></tr>
<tr><td>Empty Glass Jars and Bottles</td><td>Empty food, drink, and cosmetics bottles
Put them in the blue collection box where recyclables are collected.
</td><td></td></tr>
<tr><td>Empty Cans</td><td>Empty food and drink cans
[Areas except Nakagawa Ward and Minato Ward]
Place in a designated bag for recyclables and leave at your local recyclables collection point.
[Nakagawa Ward and Minato Ward]
Put in the yellow collection box where recyclables are collected.
</td><td>【Areas except Nakagawa Ward and Minato Ward】

★
【Nakagawa Ward, Minato Ward】
</td></tr>
<tr><td>Paper Containers and Packaging, Miscellaneous Paper</td><td>[Paper Containers and Packaging]
-Paper boxes -Paper bags
-Packaging paper -Paper cups
-Paper lids
-Alcohol or juice packs
(with aluminum foil attached inside), etc.

[Miscellaneous paper]
-Leaflets, pamphlets -Photocopier paper
-Notepaper -Price tags
-Toilet paper cores, etc.

*Place paper containers, paper packaging, and miscellaneous paper together in a designated bag for recyclables and leave at your local recyclables collection point.</td><td>
★</td></tr>
<tr><td>Paper Cartons
紙パック</td><td>Paper cartons for drinks with a white inside (i.e. milk cartons)
Put them in the collection box at supermarkets or ward offices.
</td><td colspan="2"></td></tr>
<tr><td>Fluorescent Tubes and Mercury Thermometers, and Mercury Blood Pressure Monitors</td><td colspan="3">[Fluorescent Tubes]
Please take to Environmental Affairs Offices in each ward or fluorescent tube recycling cooperating retailers (electrical goods retailers, home improvement retailers, etc.) for disposal.
[Mercury Thermometers, and Mercury Blood Pressure Monitors]
Please take to Environmental Affairs Offices in each ward.</td></tr>
<tr><td>Small Household Electric Appliances / Rechargeable Electric Appliances</td><td colspan="3">Small household electric appliances: appliances less than 15cm (H) x 40cm (W) x 25cm (D)
Collected at large supermarkets, ward offices, Environmental Affairs Offices, etc.
Rechargeable electric appliances: rechargeable appliances larger than small household electric appliances
Collected at Environmental Affairs Offices in each ward.
Inquiries: Resource Recycling Promotion Division, Environmental Affairs Bureau TEL 052-972-2379</td></tr>
<tr><td>Cooking Oil</td><td colspan="3">Place used cooking oil in a PET bottle of 700ml or less and take for collection at supermarkets, etc.
Inquiries: Resource Recycling Promotion Division, Environmental Affairs Bureau TEL 052-972-2379</td></tr>
<tr><td>Newspaper / Magazines / Cardboard / Used Clothes</td><td colspan="3">Use the local resource collection system, recycling centers, and used paper recycling centers in the community.
Inquiries: Resource Recycling Planning Division, Environmental Affairs Bureau
TEL 052-972-2398
</td></tr>
<tr><td colspan="4">Inquiries: Operations Division, Environmental Affairs Bureau TEL 052-972-2394
★In addition to designated bags for recyclables, you can use any colorless and transparent bag sized 45 L or less that you no longer need. However, bags for burnable garbage or non-burnable garbage cannot be used.
◆The City does not collect these 4 items: air conditioners, televisions, refrigerators, washing machines / clothes dryers. Please request disposal from an electrical goods retailer or take the appliance to a designated collection point yourself.</td></tr>
</table>

Various Procedures
かくしゅ　て つづ
各種手続き



■Move-in procedures (for moving from outside of Japan to Nagoya for the first time)

☐	Residence registration
☐	Health insurance, pension and nursing care insurance registration
☐	Medical subsidies for children, child allowance
☐	School enrollment procedures
☐	Seal (*inkan*) preparation
☐	Bank account opening procedures
☐	Notifications to water, gas, electricity, telephone services



■Marriage

☐	Marriage registration
☐	Residence registration
☐	Registrations regarding seals (*inkan*)
☐	Registrations regarding health insurance, pensions
☐	Driver's license update (for name, address change)

■Childbirth

☐	Submission of birth notification (within 14 days) and maternity and child health handbook
☐	Notification of birth (*Hoken Senta* [Health Center])
☐	Lump-sum birth allowance
☐	Health insurance
☐	Child Medical Fee Subsidy
☐	Child allowance
☐	Application to Nagoya Regional Immigration Services Bureau (within 30 days)

■Divorce

☐	Divorce registration
☐	Residence registration
☐	Seal(*inkan*) registration
☐	Registrations regarding health insurance, pensions
☐	Driver's license update (for name, address change)
☐	Registration with Nagoya Regional Immigration Bureau (within 14 days) (For those with the status of residence of "Spouse of a Japanese National", "Spouse of a Permanent Resident", or "Dependent")

■Death

☐	Death registration (within 7 days)
☐	Health insurance, pension and nursing care insurance registration
☐	Various allowances and handbooks
☐	Procedures for medical benefits
☐	Notifications to water, gas, electricity, bank, telephone services
☐	Return of resident card (within 14 days to Immigration Bureau)
☐	Registration with Nagoya Regional Immigration Bureau (within 14 days) (For those who, due to marriage to a person now deceased, have the status of residence of "Spouse of a Japanese National", "Spouse of a Permanent Resident", or "Dependent".)

E:English, P:Portuguese, S:Spanish, C:Chinese, K:Korean, F:Filipino, V:Vietnamese, N:Nepali, I: Indonesian, T: Thai

Procedure	Contact	Content
Moving to and from a Different Area 	Ward offices or branch offices	You must submit a notice of moving out to the local government office of your previous place of residence before moving (the notice of moving out is unnecessary when moving within Nagoya) and submit a notice of moving to the office that handles residency at your new location within 14 days.
Marriage Registration	Ward offices or branch offices	Procedure may differ depending on nationality. Those with the status of residence of “Spouse of a Japanese National”, “Spouse of a Permanent Resident” or “Dependent” must submit notification of divorce to the Immigration Bureau within 14 days.
Divorce Registration	Ward offices or branch offices	
Registration of Birth	Ward offices or branch offices	See p.13
Death Registration	Ward offices or branch offices	Registration of death must be submitted within seven days of acknowledgment of death. The deceased’s resident card must be returned to the Immigration Bureau within 14 days. Those who, due to marriage to a person now deceased, have the status of residence of “Spouse of a Japanese National”, “Spouse of a Permanent Resident”, or “Dependent”, must submit notification of death to the Immigration Bureau within 14 days.
Registration of Seal (*inkan* or *hanko)* 	Ward offices or branch offices	In Japan, seals printing your given name and/or family name are used as the equivalent of signatures in other countries. Seals that are registered with the local municipal authority are called jitsuin. Any transactions in which a jitsuin and its registration certificate (used to verify the authenticity of the jitsuin) are used are considered legally binding.
Municipal and Prefectural Residents Tax, Forest Environment Tax 	Sakae Municipal Tax Office (Residents of Chikusa-ku, Higashi-ku, Kita-ku, Naka-ku, Moriyama-ku and Meito-ku) TEL 052-959-3303 Honjin Municipal Tax Office (Residents of Nishi-ku, Nakamura-ku, Nakagawa-ku, Minato-ku) TEL 052-433-4021 Kanayama Municipal Tax Office (Residents of Showa-ku, Mizuho-ku, Atsuta-ku, Minami-ku, Midori-ku, Tempaku-ku) TEL 052-324-9804	-If a foreign resident has an address within Japan as of January 1st of a particular year (the base date for assessment), then he or she must pay residence tax to the municipality in which he or she resides as of January 1st for the income received from January to December of the previous year. In addition to the residence tax, you will also be required to pay the national forest environment tax. -Residence tax, a local tax levied separately from national income tax, is divided into municipal residence tax and prefectural residence tax. -The amount of residence tax is determined by income, number of dependents, and other factors. - For more details, see the pamphlet : “Guide to Japanese Personal Taxes” E “To Foreign Residents: Payment of Municipal and Prefectural Resident Tax” E P S C K V N

<table>
<tr><th>Procedure</th><th>Contact</th><th colspan="2">Content</th></tr>
<tr><td rowspan="4">Application for tax reduction / exemption under income tax convention</td><td colspan="3">Residents from countries with tax agreements with Japan may be eligible for a tax exemption.</td></tr>
<tr><td>Nagoya-Naka National Taxation Office
(Residents of Naka-ku)
TEL 052-962-3131</td><td>Nagoya-Higashi National Taxation Office
(Residents of Higashi-ku)
TEL 052-931-2511</td><td>Chikusa National Taxation Office
(Residents of Chikusa-ku, Meito-ku)
TEL 052-721-4181</td></tr>
<tr><td>Nagoya-Kita National Taxation Office
(Residents of Kita-ku, Moriyama-ku)
TEL 052-911-2471</td><td>Nagoya-Nishi National Taxation Office
(Residents of Nishi-ku)
TEL 052-521-8251</td><td>Nagoya-Nakamura National Taxation Office
(Residents of Nakamura-ku)
TEL 052-451-1441</td></tr>
<tr><td>Showa National Taxation Office
(Residents of Showa-ku, Mizuho-ku, Tempaku-ku)
TEL 052-881-8171</td><td>Atsuta National Taxation Office
(Residents of Atsuta-ku, Minami-ku, Midori-ku)
TEL 052-881-1541</td><td>Nakagawa National Taxation Office
(Residents of Nakagawa-ku, Minato-ku)
TEL 052-321-1511</td></tr>
<tr><td>International Driver's License and Overseas (home country) License

*As confirmation of entry and departure is required when driving, please carry your passport (which must be stamped appropriately).</td><td>Driver's License Division (Aichi Prefectural Police)
TEL 052-951-1611</td><td colspan="2">■Drivers with either of the following licenses can drive in Japan:
1) International driver's license under the Geneva Convention
2)A foreign license (limited to the Swiss Confederation, the Federal Republic of Germany, the French Republic, the Kingdom of Belgium, the Principality of Monaco, and Taiwan)
*A Japanese translation by the Japan Automobile Federation (JAF), ZIPLUS Co., Ltd., Automobile License Assistance and Driving Documentation in Nippon (ALADDIN), or a consulate in the country where the license was issued, etc. must be attached.
■Permitted period of driving in Japan:
The period up to one year from the date of entry to Japan that is also before the license expiry date. (If persons recorded in the Basic Resident Register leave Japan with departure or re-entry permits and are returning to your home country within 3 months of initial entry to Japan, the period is calculated from the initial entry date.</td></tr>
<tr><td>Japanese Driver's License</td><td>Driver's License Testing Center
TEL 052-800-1352</td><td colspan="2">A holder of a foreign license may be exempted from taking a part (written/practical) of the driving test if assessed and confirmed as having no impairment to drive in Japan, and the following conditions are met:
-A proof of stay for over three months after obtaining the license in the same country is required (passport or other documents showing the duration of stay.)
-The overseas license must be valid.</td></tr>
</table>

Children and Education

子ども・教育（こども・きょういく）





When you get pregnant

Procedure	Contact	Content
Notification of Pregnancy 	*Hoken Senta* (Health Center)	You will receive a *Boshi Kenko Techo* (Maternal and Child Health Handbook) to record the health condition of mother and child. It includes a booklet with coupons for pregnancy and nursing checkups and infant health checks.

When a child is born

Procedure	Contact	Content
Registration of Birth 	Ward offices or branch offices	A birth must be registered within 14 days of the date of birth. Take the *Boshi Kenko Techo* (Maternal and Child Health Handbook) with you to register at your ward or branch office. If you intend for the child to reside in Japan for more than 60 days, you must apply to Nagoya Regional Immigration Services Bureau to obtain a status of residence within 30 days of birth. If both or either parent is a foreign national, you must report the birth to your home country. Procedure varies depending on country or region. Please inquire at an embassy or consulate of your country in Japan.
Notification of Birth	*Hoken Senta* (Health Center)	Please submit a notification via the postcard attached to the booklet you receive with the *Boshi Kenko Techo* (Maternal and Child Health Handbook).
Lump-sum Birth Allowance	Medical institution, etc. where you intend to give birth Or, your current health insurance provider	500,000 yen can be covered by the current health insurance provider of the person who gave birth.
National Health Insurance (See p.6)	Ward offices or branch offices	If you are covered by National Health Insurance, you must enroll your child within 14 days from the date of birth.
Child Medical Fee Subsidy	Ward offices or branch offices	Subsidized for children aged 0 up to 18 years old (Subsidized up to the 31 March following the child's 18th birthday.) Amount of health insurance-covered medical care expenses to be borne by user is subsidized.
Child Allowance 	Ward offices or branch offices	For those raising infants and children up to high school age: Application must be completed within 15 days of the day after the child's birth to receive the allowance. You may need to submit a report of your current circumstances every June.
Vaccinations 	*Hoken Senta* (Health Center)	After making a reservation with the hospital, please bring your Boshi Kenko Techo (Maternal and Child Health Handbook) and vaccination voucher stickers on the day of vaccination.
Nursery Schools	Ward offices or branch offices	For infants and children until they start elementary school: Nursery schools are childcare facilities that take care of children whose parent(s) or guardian(s) is (are) unable to take care of them due to employment or other reasons.

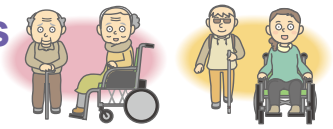
Procedure	Contact	Content
Kindergartens 	For details on your desired kindergarten or municipal kindergarten: Compulsory Education Division of Nagoya City Board of Education TEL 052-972-4097	For children over the age of 3 who haven't yet started elementary school.

Education for Children

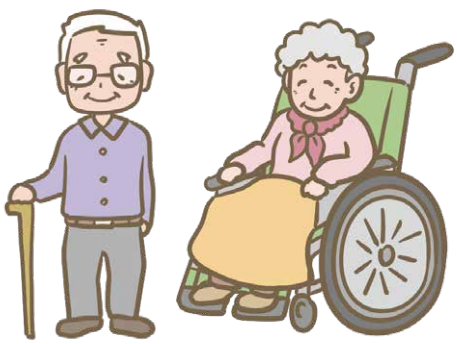
Procedure	Contact	Content
Municipal Elementary Schools / Municipal Junior High Schools	Ward offices or branch offices	To attend municipal elementary and junior high schools, enrolment is required at ward offices or ward branch offices. 6 years of elementary school (for 6 to 12 years old) 3 years of junior high school (for 12 to 15 years old) The school year begins in April and ends in March of the following year.
Consultation on Japanese Language Instruction	Japanese Language Education Consultation Center C P S F K N V TEL 052-961-0418	Consultations on acceptance into school, adaptation to school life, and assisted learning for students who require Japanese language instruction Hours: 13:00-16:00
Twilight School /Twilight Room 	After-School Project Promotion Division, Child & Youth Affairs Bureau TEL 052-972-3229	Children can play freely with friends from different grades after class at their elementary school. For 1st to 6th grade children. Mon. – Sat. (not available on national holidays or end of year / New Year period) Hours: School days: end of class to 18:00 (Twilight Room available until 19:00) Sat.: 9:00 – 18:00 (Twilight Room available 9:00 – 18:00) Weekdays during vacation period: 9:00 – 18:00 (Twilight Room available 8:00 – 19:00) Fee: free (insurance fee required) *Fee applies for Twilight Room use after 17:00.
Programs for the Healthy Development of Children at Home Alone (Childcare for Schoolchildren) 	Ward offices	Facilities that take care of children after the end of school lessons if there is no parent at home (due to both parents working or other reasons). (Eligibility) Children in elementary school grades 1 through 6 (Operating days) Monday through Saturday (excluding national and New Year's holidays) (Operating hours) Varies by facility (Cost) Varies by facility

Elderly and Disabled Persons

高齢者(こうれいしゃ)・障害者(しょうがいしゃ)



Procedure	Contact	Content
Medical Care System for the Elderly (Aged 75 and Older) 	Ward offices or branch offices	For those 75 and above wishing to reside in Japan for more than 3 months, or those 65-74 with a specific disability: -Insurance fee is charged according to your employment income and must be paid. -Present your Health Insurance Eligibility Certificate, etc. at a hospital to receive treatment and bear only a portion of the total cost.
Senior Citizens' Discount Card (Senior Citizens' Handbook)	Ward offices or branch offices	For those aged 65 and older: Present the Card (Handbook) for discounted entry to facilities including Higashiyama Zoo & Botanical Gardens and Nagoya Castle.
Senior Citizens' Pass	Ward offices or branch offices Senior Citizens' Pass Call Center TEL 052-766-5500 Mon.-Fri. (Except for national holidays and end-of-year/New Year period) 9:00-17:15	For those aged 65 and older: Pass can be used for the Nagoya City Subway, City Bus, Nagoya Sightseeing Route Bus (Me-guru), Yutorito Line, Aonami Line, railway services (Meitetsu, JR Tokai, Kintetsu) within Nagoya City, and bus services (Meitetsu Bus, Mie Kotsu, SRT(bus)) in principle within Nagoya City. A fee must be paid when receiving the pass. *For travel on railway services (Meitetsu, JR Tokai, Kintetsu) within Nagoya City and bus services (Meitetsu Bus, Mie Kotsu, SRT(bus)) in principle within Nagoya City, fares are reimbursed later.
Certificate of Physical Disability, Certificate of Intellectual Disability, Certificate of Mental Disability	Ward offices or branch offices	For persons with a physical, intellectual and/or mental disability and meet specified conditions: This handbook acts as proof of their disability. It is needed to utilize the welfare system.



Transportation
こうつう
交通



Traffic Rules

-In Japan, cars, motorcycles, bicycles and other vehicles travel on the left side
-Follow road rules when using roads
-At traffic lights, obey the traffic lights
-Driving after drinking is subject to severe penalties
-Driving without a license is subject to severe penalties
-Driving while using a smartphone is prohibited
-Enroll in car or bicycle insurance



■Pedestrians

-Walk on the sidewalk
-Walk on the right-hand side of the road when there is no sidewalk
-Use pedestrian crossings where possible



■Bicycles

-In principle, ride in single file on the left side of the road
-When riding on the sidewalk is allowed, yield to pedestrians and drive slowly on the side nearest the road
-Never ride a bicycle after drinking alcohol.
-On April 1, 2026, a traffic violation notification system (Blue Ticket System) for bicycle offenses was introduced. Violations that are subject to fines include using a smartphone, etc. while riding a bicycle, failure to stop at locations where it is mandated, riding at night without lights, and riding while holding an umbrella.
-Use a bike light at night
-Wear a helmet when riding a bicycle



■Motorized Scooters

-Headlights, turn signal lights, brake lights, and number plates are required
-In principle, scooters must be used on roads for vehicles
-Operation by people under 16 years old is prohibited
-A helmet must be worn when riding a scooter

■Cars and Motorcycles

-Driver and all passengers must wear seat belts
-Children under 6 must use a child car seat
-A helmet must be worn when riding a motorcycle





City Bus / Subway

■City Bus Regular Tickets

Adult	¥210
Child	¥100

■Subway Regular Tickets

	Zone 1	Zone 2	Zone 3	Zone 4	Zone 5
Adult	¥210	¥240	¥270	¥310	¥340
Child	¥100	¥120	¥130	¥150	¥170

E:English, P:Portuguese, S:Spanish, C:Chinese, K:Korean, F:Filipino, V:Vietnamese, N:Nepali, I: Indonesian, T: Thai

■1 Day Ticket

Allows the user unlimited travel on City Bus and Subway services for one day. If you present a 1 Day Ticket or *Donichi Eco Kippu* (Weekend Eco Ticket) on the day of use, some facilities provide a discount on the admission fee.

	1 Day Bus & Subway Combination Ticket	1 Day Bus Ticket	*Donichi Eco Kippu* (Weekend Eco Ticket)
Adult	¥870	¥620	¥620
Child	¥430	¥310	¥310

* *Donichi Eco Kippu* (Weekend Eco Ticket) is available only on Saturdays, Sundays, holidays (including days of operation under the special train schedule for Saturdays, Sundays and holidays) and the 8th day of each month.

■24 Hour Ticket

Allows unlimited travel on subways for 24 hours from the time of the first use (ie. until the same time of the following day).

Discounts available on entry, etc., at some facilities upon presentation of a valid 24 Hour Ticket.

	Subway 24 Hour Ticket
Adult	¥760
Child	¥380

■IC Card “Manaca”

-Ride by just touching your card on the wicket or bus fare box.
-Five kinds available: ¥1,000, ¥2,000, ¥3,000, ¥5,000 and ¥10,000.
(Sale prices include ¥500 deposit. Usable amount is the ticket price less ¥500 deposit.)
-A single Manaca can be charged and used repeatedly.
-Earn mileage points as you ride. Mileage Points can be used to pay for City Bus and Subway fares.
-A discount of ¥80 for adults (¥40 for children) is applied when connecting from City Bus to City Bus, or City Bus to Subway, etc. within 90 minutes.
-Use on services within the Manaca area including the Aonami Line, Yutorito Line, Meitetsu Trains, Meitetsu Buses, Toyohashi Railway network, and Linimo; and other areas where mutual use of transport IC cards is permitted.
-Use your Manaca as electronic money to make purchases at shops and vending machines at Subway stations, City Bus terminals, and other places with the logos shown at bottom right.
-You can also use Manaca on all railways, buses, shops and vending machines that have the IC mark.
-The JR Central TOICA card, JR East SUICA card, etc. can also be used for fares on City Bus, Subway, etc.



■Guide to Bus & Subway Services

The Nagoya City Bus & Subway Guide is available at stationmaster’s offices. (E C (Traditional) C (Simplified) K P)

For the latest information,see the Tramspartation Bureau,City of Nagoya

Transportation Bureau,City of Nagoya Search

E C (Traditional) C (Simplified) K P S F T V

If you need an interpreter, please use NIC's Trio-Phone (3-way multilingual conference call) service (TEL 080-7994-7196).

Earthquakes, Typhoons,and Floods

地震(じしん)・風水害(ふうすいがい)





Be Prepared for Disasters

-Discuss with your family where to evacuate and means of contacting one another (such as the Disaster Emergency Message Dial 171 system or Disaster Message Board service).
-Prepare emergency supplies (food, drinking water, valuables, clothing, medical supplies, radio, flashlights, etc.) to take with you.
-Prevent furniture from falling in an earthquake by securing furniture to walls with metal fittings, etc.
-Familiarize yourself with the potential risk to your area by checking each type of hazard map.
-Confirm how to get to your nearest Designated Evacuation Shelter, Designated Emergency Assembly Point and emergency water supply by consulting hazard maps, etc.

***Designated Emergency Assembly Point**: A place to initially evacuate to in order to protect yourself from danger (will vary depending on the type of disaster)

***Designated Evacuation Shelter**: A place to live as an evacuee temporarily when you are unable to return to your damaged home

***Emergency Water Supply**: A place where you can receive water when the water service is unavailable due to a disaster


Designated Emergency Assembly Point


Designated Evacuation Shelter

*Hazard maps, etc. can be viewed at ward offices.
They can also be downloaded from the official City of Nagoya website.

Nagoya Hazard Map **Search**

-Check the website for disaster information.

NIC Disaster Related Information Link **Search** E P S C K F V N I T

-Disaster information is announced on the official websites of the City of Nagoya and Nagoya International Center.

Nagoya City **Search**

Nagoya International Center **Search** E P S C K F V N I T

Easy Japanese

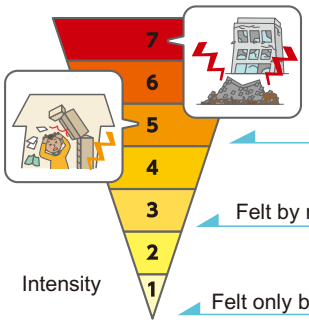



E:English, P:Portuguese, S:Spanish, C:Chinese, K:Korean, F:Filipino, V:Vietnamese, N:Nepali, I: Indonesian, T: Thai

Earthquakes

Japan is one of the world's most earthquake-prone countries. Memorize what you should do in the event of an earthquake in order not to panic.

■Earthquake scale



Impossible to stand. Wooden buildings fall down.

Difficult to walk without crawling. Dishes in cupboards and books fall. Furniture possibly falls.

Felt by many to most people indoors.

Felt only by some people indoors.

■In the event of a major earthquake:

-Hide yourself under a steady table or desk.
-When shaking stops, turn off heaters and stove burners.
-Open the door to escape.
-Do not rush outside.
-Gather information via radio or TV.





■What is the Nankai Trough Earthquake Extra Information?

This is a bulletin issued by the Japan Meteorological Agency when there is a high probability that an earthquake will occur along the Nankai Trough. If the Extra Information is issued, remain calm and follow directions issued by the City of Nagoya, etc. and prepare accordingly. *There is no guarantee that the Extra Information will be issued prior to the occurrence of an earthquake.

Tsunami

After an earthquake occurs, and a Tsunami Warning or Major Tsunami Warning has been issued for Ise / Mikawa Bays, the City of Nagoya will issue an Evacuation Order for designated evacuation areas (*), where residents should evacuate to a location out of reach of tsunami. If there is insufficient time, seek refuge in a Tsunami Evacuation Building (a Designated Emergency Assembly Point for tsunami emergencies). The Evacuation Order will be announced by sirens, City PR vehicles, etc. If you live in a location out of reach of tsunami, you may stay in your home if you have confirmed it is safe.

*Evacuation areas:

Tsunami Warning: parts of Minato Ward

Major Tsunami Warning: Nakamura, Mizuho, Atsuta, Nakagawa, Minato, Minami and Midori Wards

■**Tsunami Evacuation Building** (Designated Emergency Assembly Point for tsunami emergencies)

These buildings serve as temporary evacuation places after an earthquake occurs and a Tsunami Warning / Major Tsunami Warning has been issued for Ise / Mikawa Bays. The sign on the right is displayed at the entrance to these buildings.
Areas: Nakamura, Mizuho, Atsuta, Nakagawa, Minato, Minami and Midori Wards



Be Prepared for Typhoons and Floods

Typhoons (tropical cyclones) and heavy rains can occur from June to October. Torrential downpours concentrated on narrow areas may also occur. Pay careful attention to weather forecasts on TV or radio.

■Advisories, Warnings and Emergency Warnings (Issued by JMA)

	Content	Your Response
Advisories	Advise that a disaster is predicted.	-Pay attention to weather forecast and outside. -Check emergency supplies, shelters and directions. -Check around the outside of your house to prepare for disaster.
Warnings	Warning issued to alert the public when a serious disaster may occur.	-People other than the elderly, etc. should also stop their normal behavior if necessary. -Prepare to evacuate, or evacuate based on your own judgment.
Urgent Warning	Warning issued in urgent cases when there is a significant risk that a serious disaster may occur.	If a typhoon or other strong winds are forecast, evacuate before the strong winds start.
Emergency Warning	Warning issued when there is a significant risk that a serious disaster may occur.	-Take immediate action to protect yourself. -Evacuate to a safer place than where you are now. -If it is dangerous to move outdoors, move to a secure location within your home.

■Evacuation Information (Issued by Nagoya City)

Alert Level 3 - Notice to Evacuate for Elderly and Disabled People	Issued to prompt elderly and other residents to evacuate from dangerous areas due to the possibility that a disaster may occur. Announced via City PR vehicles, the Internet, TV and radio, etc. Elderly people and those who require more time to evacuate should commence evacuation from dangerous areas. Other people should pay attention to weather information, and make preparations to evacuate.
Alert Level 4 - Evacuation Order	Issued to prompt residents to evacuate due to the high probability of the area being affected by disaster. In addition to announcements via City PR vehicles, the Internet, TV and radio, etc., sirens will also be sounded. All people should evacuate from dangerous areas quickly. If moving to a designated evacuation area seems dangerous, evacuate to a nearby safe location or high place indoors.
Alert Level 5 - Emergency Safety Order	Issued when a disaster situation is already underway or imminent to prompt residents to take action to protect themselves. People in dangerous areas should take immediate action to protect themselves by moving to a nearby building which will offer protection from inundation.

Contacting Ward Offices,etc.

区役所等の連絡先

City Government Offices

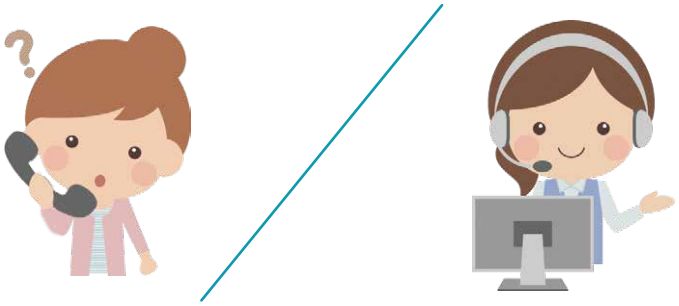
Open on weekdays only, 8:45-17:15 (closed : Weekends, holidays, Dec 29-Jan 3)

Nagoya City Hall（市役所）

Name	Zip Code	Address	TEL	FAX
Nagoya City Hall	460-8508	1-1, Sannomaru 3-chome, Naka-ku	052-961–1111	—

Ward Offices・Branch Offices（区役所･支所）

Name	Zip Code	Address	TEL	FAX
Chikusa Ward Office（千種区）	464-8644	103, Hoshigaokayamate, Chikusa-ku	052-762-3111	052-762-5044
Higashi Ward Office（東区）	461-8640	7-74, Tsutsui 1-chome, Higashi-ku	052-935-2271	052-935-5866
Kita Ward Office（北区）	462-8511	17-1, Shimizu 4-chome,Kita-ku	052-911-3131	052-914-5752
Kusunoki Branch（楠支所）	462-0012	974, Kusunoki 2-chome, Kita-ku	052-901-2261	052-902-1840
Nishi Ward Office（西区）	451-8508	18-1, Hananoki 2-chome,Nishi-ku	052-521-5311	052-522-5069
Yamada Branch（山田支所）	452-0815	358-2, Yasuji-cho, Nishi-ku	052-501-1311	052-503-3986
Nakamura Ward Office（中村区）	453-8501	1-23-1, Matsubara-cho, Nakamura-ku	052-483-8161	052-483-5137
Naka Ward Office（中区）	460-8447	1-8, Sakae 4-chome, Naka-ku	052-241-3601	052-261-0535
Showa Ward Office（昭和区）	466-8585	3-19, Ayuchi-tori, Showa-ku	052-731-1511	052-733-5534
Mizuho Ward Office（瑞穂区）	467-8531	3-32, Mizuho-dori, Mizuho-ku	052-841-1521	052-851-3317
Atsuta Ward Office（熱田区）	456-8501	1-15, Jingu 3-chome, Atsuta-ku	052-681-1431	052-682-1496
Nakagawa Ward Office（中川区）	454-8501	223, Takabata 1-chome, Nakagawa-ku	052-362-1111	052-363-4316
Tomida Branch（富田支所）	454-0985	215, Haruta 3-chome, Nakagawa-ku	052-301-8141	052-301-8657
Minato Ward Office（港区）	455-8520	12-20, Komei 1-chome, Minato-ku	052-651-3251	052-651-6179
Nanyo Branch（南陽支所）	455-0873	3703, Harutano 2-chome, Minato-ku	052-301-8118	052-301-8399
Minami Ward Office（南区）	457-8508	3-10, Maehama-dori, Minami-ku	052-811-5161	052-811-6360
Moriyama Ward Office（守山区）	463-8510	3-1, Obata 1-chome, Moriyama-ku	052-793-3434	052-794-2256
Shidami Branch（志段味支所）	463-0003	1-1401, Shimoshidami, Moriyama-ku	052-736-2000	052-736-4666
Midori Ward Office（緑区）	458-8585	15, Aoyama 2-chome,Midori-ku	052-621-2111	052-623-8191
Tokushige Branch（徳重支所）	458-0852	401, Mototokushige 1-chome, Midori-ku	052-626-5443	052-878-3766
Meito Ward Office（名東区）	465-8508	50, Kamiyashiro 2-chome, Meito-ku	052-773-1111	052-778-3016
Tempaku Ward Office（天白区）	468-8510	201, Shimada 2-chome, Tempaku-ku	052-803-1111	052-801-0826



If you need an interpreter, please use NIC's Trio-Phone (3-way multilingual conference call) service (TEL 080-7994-7196).

List of Health Centers (*Hoken Senta*)

Open on weekdays only, 8:45-17:15 (closed : Weekends, holidays, Dec 29-Jan 3)

Name	Zip Code	Address	TEL	FAX
Chikusa Health Center	464-8618	103, Hoshigaokayamate, Chikusa-ku	052-753-1951	052-751-3545
Higashi Health Center	461-0003	7-74, Tsutsui 1-chome, Higashi-ku	052-934-1205	052-937-5145
Kita Health Center	462-8522	17-1, Shimizu 4-chome, Kita-ku	052-917-6541	052-911-2343
Kusunoki Branch Office（楠分室）	462-0012	967, Kusunoki 2-chome, Kita-ku	052-902-6501	052-902-6502
Nishi Health Center	451-8508	18-1, Hananoki 2-chome, Nishi-ku	052-523-4601	052-531-2000
Yamada Branch Office（山田分室）	452-0815	358-2, Yasuji-cho, Nishi-ku	052-504-2216	052-503-3986
Nakamura Health Center	453-8501	1-23-1, Matsubara-cho, Nakamura-ku	052-433-3005	052-483-1131
Naka Health Center	460-8447	1-8, Sakae 4-chome, Naka-ku	052-265-2250	052-265-2259
Showa Health Center	466-0027	3-19, Ayuchi-tori, Showa-ku	052-735-3950	052-731-0957
Mizuho Health Center	467-0027	3-45-2, Tanabe-dori, Mizuho-ku	052-837-3241	052-837-3291
Atsuta Health Center	456-0031	1-15, Jingu 3-chome, Atsuta-ku	052-683-9670	052-681-5169
Nakagawa Health Center	454-0911	1-223, Takabata, Nakagawa-ku	052-363-4455	052-361-2175
Tomida Branch Office（富田分室）	454-0985	3-215, Haruta, Nakagawa-ku	052-303-5321	052-303-5438
Minato Health Center	455-0015	2-1, Koei 2-chome, Minato-ku	052-651-6471	052-651-5144
Nanyo Branch Office（南陽分室）	455-0873	3703, Harutano 2-chome, Minato-ku	052-302-8161	052-301-4674
Minami Health Center	457-0833	5-1-1, Higashimatabe-cho, Minami-ku	052-614-2811	052-614-2818
Moriyama Health Center	463-0011	3-1, Obata 1-chome, Moriyama-ku	052-796-4610	052-796-0040
Shidami Branch Office（志段味分室）	463-0003	1-1401, Shimoshidami, Moriyama-ku	052-736-2023	052-736-2024
Midori Health Center	458-0033	715, Aibarago 1-chome, Midori-ku	052-891-1411	052-891-5110
Tokushige Branch Office（徳重分室）	458-0852	401, Mototokushige 1-chome, Midori-ku	052-878-2227	052-878-3373
Meito Health Center	465-8506	50, Kamiyashiro 2-chome, Meito-ku	052-778-3104	052-773-6212
Tempaku Health Center	468-8510	201, Shimada 2-chome, Tempaku-ku	052-807-3900	052-803-1251

*Branch Offices only handle certain procedures, such as issuing a Boshi Kenko Techo (Maternal and Child Health Handbook) and carrying out medical examinations of infants.

Nagoya Regional Immigration Services Bureau

closed Sat., Sun., nat. holidays, Dec. 29 to Jan. 3

5-18, Shoho-cho, Minato-ku, Nagoya-shi, 455-8601　A 1-minute walk from Kōhoku Sta., Aonami Line

○Immigration Information Center

Consultations on immigration- and status of residence-related procedures

Telephone consultations	E C K P S V N T +3 other languages ℡ 0570-013904 (from anywhere in Japan)　℡ 03-5796-7112 (IP phones, or from outside Japan) **Consultation hours:** 8:30-17:15
In-person consultations	E C P S F **Reception hours:** 8:30 - 16:00

○FRAT Residence Support and Consultation Service

E C K P S F V N (other languages available)*Reservation required.

Individual detailed specialist consultations on immigration procedures and consultations on non-immigration living-related issues

Telephone consultations	℡ 0570-052259 (Reservations: 140#)	**Reception hours:** 9:00-17:45
In-person consultations	Nagoya Regional Immigration Services Bureau 1st floor	**Reception hours:** 8:30-16:00

E:English, P:Portuguese, S:Spanish, C:Chinese, K:Korean, F:Filipino, V:Vietnamese, N:Nepali, I: Indonesian, T: Thai

Holiday Emergency Clinics, etc.

Clinics	Open	Services	Reception Hours	TEL	FAX
Nagoya Medical Association Emergency Center	Sundays, holidays, Dec 29 to Jan 3	Eye, Ear, Nose & Throat	9:30-12:00 13:00-16:30 17:30-20:30	052-937-7821	052-937-7997
	Sundays, holidays, Dec 29 to Jan 3	Surgery	9:30-12:00 13:00-16:30		
	Mon through Fri (closed on holidays, Dec 29 to Jan 3)	Internal Medicine / Pediatrics (*1)	19:30-6:00 (19:30-24:00 is for Internal Medicine only (*2))		
	Saturdays (closed on holidays, Dec 29 to Jan 3)		17:30-6:00		
	Sundays, holidays, Dec 29 to Jan 3		9:30-12:00 13:00-16:30 17:30-6:00		
West Weeknight Emergency Center (Nakagawa Ward Holiday Emergency Clinic)	Mon through Fri (closed on holidays, Dec 29 to Jan 3)	Internal Medicine	20:30-23:30	052-361-7271	052-351-5112
South Weeknight Emergency Center (Minami Ward Holiday Emergency Clinic)				052-611-0990	052-611-0981
East Weeknight Emergency Center (Moriyama Ward Holiday Emergency Clinic)				052-795-0099	052-794-0099
Chikusa Ward Holiday Emergency Clinic	Sundays holidays Dec 29 to Jan 3	Internal Medicine / Pediatrics	9:30-12:00 13:00-16:30	052-733-1191	052-731-3850
Kita Ward Holiday Emergency Clinic				052-915-5351	052-915-7854
Nishi Ward Holiday Emergency Clinic				052-531-2929	052-532-7525
Nakamura Ward Holiday Emergency Clinic				052-471-8311	052-481-9449
Showa Ward Holiday Emergency Clinic				052-763-3115	052-763-2058
Mizuho Ward Holiday Emergency Clinic				052-832-8001	052-832-8001
Atsuta Ward Holiday Emergency Clinic				052-682-7854	052-682-0953
Nakagawa Ward Holiday Emergency Clinic				052-361-7271	052-351-5112
Minato Ward Holiday Emergency Clinic				052-653-7878	052-661-7923
Minami Ward Holiday Emergency Clinic				052-611-0990	052-611-0981
Moriyama Ward Holiday Emergency Clinic				052-795-0099	052-794-0099
Midori Ward Holiday Emergency Clinic				052-892-1133	052-892-8491
Meito Ward Holiday Emergency Clinic				052-774-6631	052-776-7013
Tempaku Ward Holiday Emergency Clinic				052-801-0599	052-801-9791

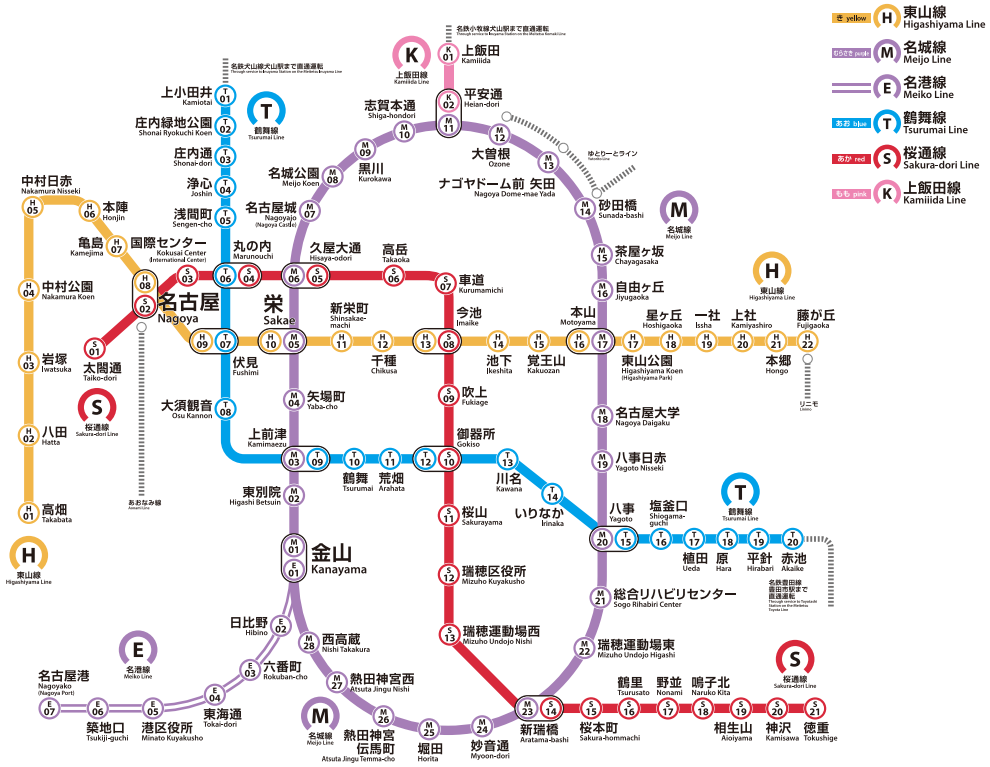
Examination hours begin 30 minutes later than reception hours.

(*1) Pediatricians are also available in addition to regular physicians during the following reception times.
(Saturdays)17:30-23:00
(Sundays, holidays, Dec 29 to Jan 3) 9:30-12:00, 13:00-16:30, 17:30-20:30

(*2) If you want to receive an examination for a pediatric patient within the “Internal Medicine only” time period, be sure to call to inquire within the reception hours.

Clinics	Open	Services	Hours	TEL	FAX
Nagoya North Dental Health and Medical Care Center	Sundays holidays Dec 30 to Jan 3	Dental Surgery	9:00-11:30	052-915-8844	052-915-8844
Nagoya South Dental Health and Medical Care Center			13:00-15:30	052-611-8044	052-825-4340

Subway Map



Information-Nagoya City

For more information on Nagoya

■City of Nagoya Official Website
(Multilingual Support)
https://www.city.nagoya.jp/

■Contact by TEL or FAX

Nagoya Oshiete Dial(Japanese)
TEL 052-953-7584
FAX 052-971-4894
Hours：8:00-21：00
(7 days a week)

Publisher：Nagoya International Center
E-mail: info@nic-nagoya.or.jp
TEL: 052-581-0100　FAX: 052-571-4673
Date of Issue: October 2026
The information contained in this booklet is current as of April 1, 2026.

Other useful resource

・Immigration Services Agency of Japan – A Daily Life Support Portal for Foreign Nationals (Multilingual Support)

daily life support　Search

・Aichi International Association “Aichi Handbook” Japanese E C + other languages

Aichi Handbook　Search